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Brenau University Learning & Leisure Institute
2022-2023 Remote Lecture Series presents

Understanding the Impact of Genetics on our Mental Health and Aging

7 P.M. THURSDAY, AUGUST 25, 2022

Register at brenau.edu/genetics
to receive the Zoom link.

Ever wonder about the connection between genetics and a happier and healthier life? Join Dr. J Ann Dunn,



founder of MyHappyGenes, Inc., as she addresses the impact of genetics on our mental

health and aging. Dr. Dunn addresses:

- The way that genes play a part in how our brain makes neurotransmitters;
- How our diet can influence the expression of genes and influence our mental health; and
- How our genes can inform our best diet and supplementation for health and longevity.



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